

# Victoria Stadium



# Gym Indoor Games Tournaments Student-Friendly

## **LUGI MOTIONSFÖRENING**

LUGI Motion is a student sports association. The club organize activities with focus on wellness and allow participants to meet their needs for exercise. We also fulfil a great social function. You are offered the opportunity together with others or on your own to spend part of your free time on sport activities.

#### Victoriastadion

LUGI Motion has been responsible for the operation of Victoriastadion's gymnasium since 1999, developing various activities, primarily for students. We offer sports and fitness activities of high quality, breadth and diversity. With breadth, we mean offering a large variety in terms of activities and forms of exercise indoors and outdoors. With diversity, we mean that everyone is welcome, provided that they follow the rules. We welcome everybody and see diversity as an asset!

### Sports hall

The Victoriastadion gymnasium comprises 3,000 square meters with three sports fields and possibilities for playing basketball, handball, floorball, indoor football, hockey, volleyball, etc. At LUGI Motion/Victoriastadion you have the opportunity to rent a court for your specific needs; gather your friends for some ball game fun. Along with our ordinary business, our courts are available to rent for events and ball games.

## Gym

In our well-equipped gym, you can work out at very affordable rates. In recent years, LUGI Motion has freshened up the gym with new machines like treadmills, cross-trainers, step machines and exercise bikes. The room covers 400 m² of exercise machines, free weights, bars and aerobics equipment. For students, we have even more favourable fees, including a **semester card for 520 SEK**. In order to be able to buy a card for student prizes, you must be able to present a valid student card or paid terminsavgift.



# Victoriastadions gym



# Terminskort 520 kr

Membership	Student Prices*
12 month	1300
Terminskort valid to 3 <sup>rd</sup> January 2021	520
6 month	850
3 month	600
1 month	350
10 session card	400
1 session	60

<sup>\*</sup>In order to be able to buy a card for student prizes, you must be able to present a valid student card or paid terminsavgift.

Please see front desk for details. All memberships pricing and conditions are subject to change at any time.



# **LUGI Motion - Victoriastadion**

# **Floorball**



# **Indoor football**



# Volleyball



## **TOURNAMENTS**

About 300 teams participate in our tournaments every year. Each term LUGI Motion arrange tournaments, in Indoor football, Outdoor football, Floorball and Volleyball.

The tournaments include both league and cup games. Registration for autumn tournament is now open! Fill out the form in our website to register your team. The tournament fee is paid either at LUGI Motions reception or through online payment at the Bankgiro account 130-8261, LUGI Motionsförening. Your team is not officially registered until the fee has been paid. All payments must be made before application deadline.

### **Indoor Football**

Each term LUGI Motion arranges an indoor football tournament, where you and your team are able to become the champions of your division. Teams are divided into 6 team divisions. Every game is 40 minutes.

3 games per division each week = 2 hours of game time. The games are played during the evenings at Victoriastadion. Monday — Thursday 20.00-22.00 and Sundays 18.00-20.00 or 20.00-22.00. Tournament is organized for men and mixed. Each team is composed of 7 players, 5 playing and 2 substitutes. The tournament stretches over the whole term. Starts first with league games and later on cup games.

Last day of registration: September 25th 2020

Start of tournament: October 4<sup>th</sup> 2020 End of tournament: December 2020

Cost: SEK 1400/team

### Volleyball

A good opportunity to learn from each other no matter what earlier volleyball experiences you have! Tournament is arranged for mixed. Teams are divided into 6 team divisions. The matches will be played Tuesdays 20.15-23.00 in Victoriastadion. Each game lasts 55 minutes and teams are composed of 3-6 players.

Last day of registration: September 25th 2020

Start of tournament: October 6<sup>th</sup> 2020 End of tournament: December 2020

Cost: SEK 1140/team

#### **Floorball**

Each autumn and spring LUGI Motion arranges a floorball tournament. Teams are divided into 6 team divisions. Games are 40 minutes. 3 games per division each week = 2 hours. Games are played on Mondays 20.00-22.00 or Sundays 18.00-20.00, 20.00-22.00. The tournament stretches over the whole term. Starts first with league games and later on cup games. Tournament is organized for ladies, gentlemen and mixed. Each team is composed of 6 players, 4 playing and 2 substitutes.

Last day of registration: September 25<sup>th</sup> 2020

Start of tournament: October 4<sup>th</sup> 2020 End of tournament: December 2020

Cost: SEK 1140/team

## **Outdoor football**

Tournament for men and mixed are organized in spring and autumn. The tournament is played on the artificial grass pitches at Smörlyckans IP or/and Lerbäck School. Teams are divided into 6 team/division. 6 teams in each division play in each round. Every game is 40 minutes. 3 games per division each week = 2 hours. Cup games are played on Mondays and league games on Tuesday, Wednesday or Thursday between 20.00-22.00. In each match 7 players participate on the pitch + 2 substitutes.

Last day of registration: **September 20<sup>th</sup> 2020** Start of tournament: September 29<sup>th</sup> 2020 End of tournament: November 2020

Cost: SEK 1330/team

# **Player Pool**

If you do not have a team, you can register individually and we mediate contact with teams which lack players. Contact LUGI's reception <u>info@lugimotion.se</u> or call 046-16 22 30.

Register your team now

# www.lugimotion.se

